

## MCAW “At Home” Dog Enrichment ideas

Thank you so much for your interest in helping us provide enrichment to the dogs in our care! Manatee County Animal Welfare could not completely fulfill its mission without compassionate people like you.

Any of the items below can be prepared in advance, frozen, and dropped off at our Palmetto Adoptions Center during open hours.

Mon – Sat 10am – 5pm

Sun 1pm – 4pm

Kind Regards,

**Janine Davis**

*Volunteer Coordinator, Animal Welfare Division*

Manatee County Animal Welfare (Pet Adoptions)

305 25th Street West

Palmetto, FL 34221

Manatee County Cat Town (Cat Adoptions)

216 6<sup>th</sup> Ave E

Bradenton, FL 34205

Bishop Animal Shelter (Lost and Found Pets)

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Bradenton, FL 34209

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## Peanut Butter Yogurt Banana Dog Treats



### Ingredients

- 32 ounces plain Greek yogurt
- 6 tablespoons peanut butter
- 2 medium bananas, sliced/diced

### Instructions

1. Place silicone molds on a baking sheet (this helps transfer them easily to the freezer without spilling.) Set aside.
2. Put all of the ingredients in a bowl or a food processor; mix/blend until combined.
3. Use ice cream scoop to fill muffin tin.
4. Fill each slot to the top with the mixture.
5. Place in the freezer for about 3 hours or until solid.
6. Gently release the frozen treats out of the molds and watch your doggie gobble them up!

## Bonebrothsicles



### Ingredients

- 32 ounces Bone broth
- 1 – 2 cans dog food

### Instructions

1. Place silicone molds on a baking sheet (this helps transfer them easily to the freezer without spilling.) Set aside.
2. Put all of the ingredients in a bowl or a food processor; mix/blend until combined.
3. Use ice cream scoop to fill muffin tin.
4. Fill each slot to the top with the mixture.
5. Place in the freezer for about 3 hours or until solid.
6. Gently release the frozen treats out of the molds and watch your doggie gobble them up!

## Apple Peanut butter “Kong”



### DIY Kong Dog Toy – You’ll Need

- Apple Corer
- Medium Apple
- Peanut Butter for the Filling

### Directions

Wash, core and remove any stickers from your apple. It's important to ensure the apple is fully cored for your dog to enjoy it safely.

Stuff the core with your filling. Freeze & Enjoy!

## Broth Bowls



Broth Bowls are like giant flavored ice cubes for the dogs. They are taken out of the Tupperware container and placed in a larger bowl then delivered to a dog.

### Broth Bowl – You’ll Need

- Broth
- Canned wet food as shown.

### Directions

Put about  $\frac{1}{2}$  in of broth per container.

Take a glob, about  $1\frac{1}{2}$  or so Tablespoons of wet food and dump into each container as shown.

This is NOT an exact measurement. It is okay to be a little over or under.

Fill the container almost to the top with water from the sink. Leave some room at the top since water expands when it freezes and also so it does not spill. This is NOT an exact measurement. Eyeball it to leave at least a  $\frac{1}{2}$  inch at the top.

Place the lids securely on the top of each container, pressing firmly and place in the freezer.

## TP and PT rolls



Toilet paper or paper towel rolls are great frozen treats we often use at night when bedding dogs down. They like them and deserve to have such a treat during the day too.

### TP/PT Rolls – You'll Need

- Paper Rolls
- Peanut Butter
- Canned dog food
- Dry kibble

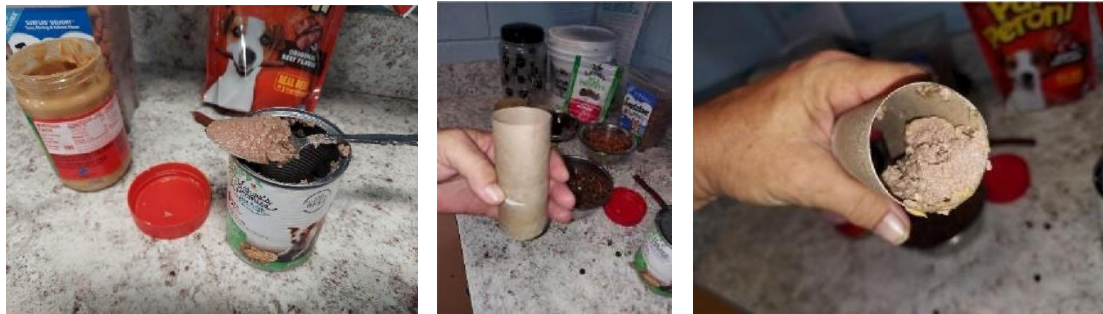
### Directions

There is NO one way to fill a paper towel or toilet paper role. There is NO exact measurement needed. The idea is to stuff them almost all the way with a mixture of goodies and freeze.





Hold the PT (Paper Towel) or TP (Toilet Paper) Roll with an open end. Take a scoop of wet (peanut butter, wet food, cream cheese, etc.) and scrape on the inside of the tube.

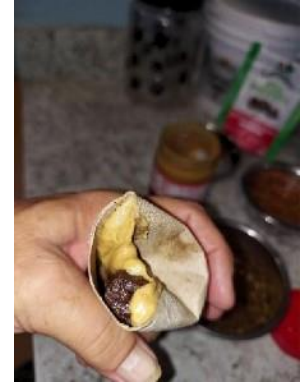


Next, fold in, starting with the part that has the "goop" then fold in the other sides on top to close the hole.



Flip the PT or TP roll over and begin to put some goodies in it, filling about 3/4 of the way. There are NO exact measurements of what you put in or specifics...use your supplies as you see fit.

Once filled, then do the same "goop" on the open end. The "goop" can be any of the wet ingredients. It does not have to be the same as what you just did on the first open end. Let your imagination guide you. Fold the end in the same manner you did the other.



You can either place directly on the Freezer Rack or in a tin food pan (located in the lower cabinet under the counter). Then place the food pan in the freezer.